



Winnipeg Regional Health Authority
Caring for Health
Office régional de la santé de Winnipeg
À l'écoute de notre santé

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June 5, 2025

PUBLIC HEALTH NOTIFICATION – POSSIBLE MEASLES EXPOSURE

WRHA Population and Public Health Program is informing you that **you may have been exposed to someone with measles at:**

The Manitoba Museum, 150 Rupert Avenue, Winnipeg, MB. R3B 0N2 on May 20, 2025 from 10:30 a.m. to 2:15 p.m.

Monitor symptoms until: Tuesday, June 11, 2025.

Measles is a very contagious viral disease that spreads easily from person to person through the air. Measles can cause a person to become very sick. Some may need to be hospitalized due to infections of the lung (pneumonia) or brain (encephalitis).

People with measles can spread the illness to others. This is possible from four days before the rash starts to four days after the rash begins.

1.To protect yourself from getting sick and to help prevent further spread of this disease, it is very important to know if you are protected (immune) against measles. Please check your immunization records. If immunization records are unknown, you can ask public health or your health care provider.

You are considered immune against measles if:

- ✓ You were born before 1970 (except for health care workers/military personnel),
- ✓ You had two doses of a measles-containing vaccine (MR, MMR or MMRV)
- ✓ You have a lab test showing that you had a measles infection before or
- ✓ You have a lab test showing that you are protected against measles (measles antibody test).

2. If you are not considered to be immune:

You should reduce exposures with others, especially anyone who has a weakened immune system, is pregnant or is unimmunized, from the 5th day after exposure to the 21st day after the latest exposure.

You may also be advised by public health to isolate if you have had close contact to someone with measles.

- **If you only received one dose of a measles vaccine, you should get one more dose of a measles vaccine to increase protection.**



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- **If you have never received any doses of a measles vaccine or your immunization records are unavailable, you should get a dose of a measles vaccine as soon as possible, which may prevent you from developing measles.**
- If you cannot receive a measles vaccine because:
 - you have a weakened immune system,
 - you are pregnant, or
 - an infant less than 6 months of age,

please contact the local public health office or a health care provider right away to see if treatment should be received to help prevent measles.

3. It is important to monitor for signs and symptoms of measles even if you are considered immune or have received a measles vaccine or treatment.

Symptoms of measles include:

- ✓ High fever (38.3C or higher),
 - ✓ Cough, runny nose, or red eyes,
 - ✓ Rash that begins as small red spots, which get bigger and clump together, appearing first on the face and spreading to the rest of the body.
- If you develop symptoms of measles, stay home. Call your local public health office during regular work hours right away. For after hours or during weekends, contact Health Link-Info Santé. You should also contact your health care provider for further assessment. Phone first to let the clinic know that you suspect you may have measles. The clinic can then take precautions to prevent spread to others. If you need to go to the emergency room, let them know when you arrive that you may have measles. Wearing a medical mask may also help to prevent spreading measles to others.
 - If you are diagnosed with measles by a health care provider, you should stay home and avoid contact with others for **4 days** after the rash first appears. For example, if your rash started on a Monday, you should stay home and avoid contact with others until Saturday morning.

For further information about measles:

- Refer to the attached **Measles Public Health Fact sheet** [Measles Public Health Factsheet](#)
- Call: Health Links – Info Santé in Winnipeg at 204-788-8200; toll free elsewhere in Manitoba at 1-888-315-9257
- Refer to the Manitoba Health website:
 - <http://www.gov.mb.ca/health/publichealth/diseases/measles.html>

For further questions or public health assistance, please contact your local public health office-
<https://www.gov.mb.ca/health/publichealth/offices.html>.